



Updated March 24, 2020

Special Store Hours for High Risk Populations

Background

SARS-CoV-2 is a novel coronavirus that has emerged and caused coronavirus disease (abbreviated as COVID-19). Public health experts continue to learn about SARS-CoV-2, but based on current data and similar coronaviruses, spread from person-to-person happens most frequently among close contacts (those within about six feet) via respiratory droplets. Transmission of SAR-CoV-2 to persons from surfaces contaminated with the virus has not been documented yet, but current evidence suggests that SARS-CoV-2 may remain viable for hours to days on surfaces made from a variety of material.

Purpose

This guidance provides recommendations for high-risk populations accessing basic needs. This guidance offers suggested strategies to help plan, prepare, and respond to this emerging public health threat.

Definitions

COVID-19 is caused by a new virus. There is much to learn about the [transmissibility, severity, and other features of the disease](#). Everyone can do their part to help plan, prepare, and respond to this emerging public health threat.

Grocery store info, including times for at-risk individuals

Costco

- **Tuesdays and Thursdays from 8 to 9 a.m.:** The store will be open exclusively for people over the age of 60 and those who have physical disabilities.

Albertsons

- **Tuesdays and Thursdays from 7 to 9 a.m.:** The stores will be open to senior citizens or [other at-risk members of the community](#), such as pregnant women or those with a compromised immune system.
- Check [local stores](#) for exact times.

Boise Co-op

- **Monday through Sunday, 8 to 9 a.m.:** Shopping hour for those [aged 60 and above](#). Bring an ID for age verification.
- Regular daily store hours to all are now 9 a.m. to 8 p.m.



2019 Novel Coronavirus [COVID-19]

cdh.idaho.gov/dac-coronavirus | cdc.gov/coronavirus/2019-ncov/index.html

Walmart

- **Tuesdays before each store opens:** Beginning March 24, every Walmart will have an hour-long senior (age 60 and up) shopping time one hour before the store opens.
- More Walmart stores will adjust general operating hours from 7 a.m. to 8:30 p.m. Walmart pharmacies and Vision Centers will also be open during this time.
- Each store will have limits for customers in certain categories including paper products, milk, eggs, cleaning supplies, hand sanitizer, water, diapers, wipes, formula and baby food.

Target

- **Wednesdays at opening time:** Target has [reserved the first hour of shopping](#) each Wednesday for vulnerable guests, including elderly and those with underlying health concerns.
- Stores have limits on products like hand sanitizer, toilet paper and disinfectant wipe.

Whole Foods

- **Every day, one hour before opening:** [Whole Foods stores](#) will be open to those age 60 and older one hour before each store opens to the general public.
- All stores will also close two hours early to give staff time to sanitize and restock. During that time, the store will be open for pickup and Prime delivery orders.

Winco

- Regular daily store hours, open to all, are currently 7 a.m. to midnight.
- [Check the WinCo site for updates.](#)

Fred Meyer

- Starting March 23, stores will be open Monday through Thursday from 7 to 8 a.m. for seniors and other high-risk individuals.
- Stores are also limiting the number of cold, flu and sanitary products.
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Idaho Governor: Don't hoard groceries, stores will remain open and be restocked

Idaho Gov. Brad Little [reminded Idahoans](#) to not hoard groceries and household products. "America's supply chain is the strongest in the world. Grocery stores will stay open and will be continually restocked," Little said. "Shop for your needs and no more. You are potentially harming your neighbor when you take more than you need."

Resources

[CDH Coronavirus Monitoring](#)

[IDHW Resources for the Novel Coronavirus](#)



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2019 Novel Coronavirus [COVID-19]

cdh.idaho.gov/dac-coronavirus | cdc.gov/coronavirus/2019-ncov/index.html

[Environmental Cleaning & Disinfection Recommendations](#)

[How & When to Wash Your Hands](#)

[Higher Risk Populations](#)

[Printable Resources](#)

CDH Call Center (208-321-2222 M-F 8:30-4:30)

Sources:

CDC, Coronavirus Disease 2019 (COVID-19), <https://www.cdc.gov/coronavirus/2019-ncov/community/index.html>

KTVB 7, Coronavirus resources, <https://www.ktvb.com/article/news/health/coronavirus/idaho-coronavirus-resources-testing-sites-grocery-hours-food-bank-childcare/277-8e1bccf3-dc28-4c2a-a931-7442beea3c06>