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NEWS

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Free Limited-Time Immunizations Offered to Uninsured and Underinsured Valley County Adults and Children

Walk-in HPV Vaccine Clinics Scheduled February 11 and 15

Valley Co., ID — Central District Health Department (CDHD) is encouraging uninsured and underinsured Valley County residents to protect themselves against vaccine-preventable diseases through free, limited time immunizations for adults and children. The free vaccines are made possible through a grant from the Perc H. Shelton and Gladys A. Pospisil Shelton Foundation Advised Fund in the Idaho Community Foundation.

“Often, as adults, we forget or don’t realize that follow up immunizations are a really important part of protecting ourselves and our loved ones. We think if we had a vaccine in our childhood that we don’t ever need to receive it again, or that our health care provider will tell us when we need it. However, age, health conditions, job, lifestyle and travel habits all factor into which vaccines you need as an adult,” said Meg FitzMaurice, a Family Nurse Practitioner with CDHD.

Adult Vaccines

Available adult vaccines include, Hepatitis A, Hepatitis A/B, Human Papilloma Virus (HPV), Prevnar 13 (PCV-13) for pneumococcal pneumonia, Pneumovax 23 (PPSV23) for pneumococcal disease, Tdap, Shingrix for Shingles and Influenza (flu shot). To learn more about adult vaccine needs, visit <https://www.cdc.gov/vaccines/adults/index.html>.

Children’s Vaccines

All vaccines included in Idaho’s childhood vaccine schedule are available to kids through age 18. To learn more about Idaho’s immunization schedules for children, visit the Idaho Department of Health and Welfare’s website at <https://bit.ly/2Wb0nKo>. (Note: shortened link)

Schedule an Appointment

Adult vaccines are limited in quantity and will be given by appointment on a first come, first served basis. All vaccines, with the exception of the designated HPV walk-in vaccine days, require an

appointment. Appointments will include immunization counseling to help determine which vaccines are right for you or your child. Call 208-630-8002 to schedule.

HPV Walk-In Vaccine Clinics Planned for February 11 and 15

On February 11 from 1-4 pm and February 15 from 2-5 pm, CDHD will offer HPV vaccines on a walk-in basis as a partner in the month-long *HPV Free Idaho* effort to increase HPV vaccination rates throughout Idaho. Those who are uninsured and underinsured will receive the vaccine for free; an administrative fee will be charged for those with insurance.

HPV is a very common virus, affecting about one in four people in the United States. The HPV vaccine helps prevent cancers caused by HPV. The Centers for Disease Control and Prevention (CDC) recommends two doses of the HPV vaccine for all kids ages 11 or 12. The vaccines are given 6 to 12 months apart. Children over age 15 will need three shots over a six-month period. The HPV vaccine is approved for people up to 45 years old, however, certain health factors are considered for adults over 26 years old.

Dates: Monday, February 11; 1 – 4 pm and Friday, February 15; 2 – 5 pm

Location: CDHD's Valley County Office – 703 1st St., McCall

About CDHD

Central District Health Department provides more than 30 different public health programs to families, individuals and organizations in Idaho's Ada, Boise, Elmore and Valley Counties. From food and drinking water safety to health education and disease control, public health services are critical to ensure our community is a safe and healthy place to live, work and play. The CDHD team is comprised of nurses, clinicians, dietitians, environmental health specialists, and many other dedicated professionals with a common goal to promote, protect, and preserve health in our community.

CDHD is one of seven local health departments in the state of Idaho. Visit www.cdhd.idaho.gov to learn more.

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