THE REAL DEAL ABOUT SEXUALLY TRANSMITTED DISEASES (STDs)

WHAT ARE STDs?

STDs are diseases that are passed from one person to another through sexual activity like oral, anal, and vaginal sex, as well as skin-to-skin contact with an infected area or sore.

Some STDS do not cause any symptoms and it's impossible to know if someone has an STD just by looking at them.

1 in 2 people will contract an STD by the time they reach the age of 25.[1]

Of youth with HIV in the United States, 50% do not know they are infected.[2]

Teens can get STD testing and treatment in all 50 states and the District of Columbia.[3] Visit https://gettested.cdc.gov/ to find a clinic near you.

PROTECTING YOURSELF

Practice abstinence. Not having oral, anal, and vaginal sex is the best way to prevent STDs.

Use condoms every time you have any type of sex!

Ask your doctor for the HPV vaccine.

If you have had sex, get tested!

Talk with your partners about STDs and safety before having sex.

Have fewer partners.

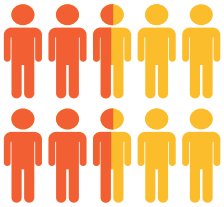
If an STD goes untreated, it can cause long-lasting health effects.

WANT TO KNOW MORE?

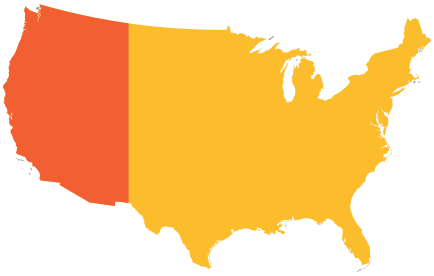
There are many different STDs. The most common ones include human papillomavirus (HPV), herpes, chlamydia, gonorrhea, syphilis, and HIV.

Many STDs can be easily cured, like chlamydia and gonorrhea. Other STDs cannot be cured, but can be treated, which means medication can help with symptoms. This includes STDs like herpes, HPV, and HIV.

15-24 year olds make up 27% of the sexually active population...



but account for 50% of the 20 million new STDs in the US each year.[4]



Youth ages 13 to 24 accounted for an estimated 26% of all new HIV infections in the United States in 2010.[5]

WHERE TO GET MORE INFORMATION

HPV Vaccine Information	http://www.http://kidshealth.org/en/teens/hpv-vaccine.html
General STD Information	http://www.sexetc.org http://www.iwannaknow.org/teens/index.html http://www.cdc.gov/std/prevention/default.html
Where You Can Be Tested	https://gettested.cdc.gov

FYSB Family & Youth Services Bureau

RTI INTERNATIONAL

[1] American Sexual Health Association. http://www.ashasexualhealth.org/stdsstis/statistics/
[2] HIV Among Youth. http://www.cdc.gov/hiv/group/age/youth/
[3] Guttmacher Institute State Policies in Brief. https://www.guttmacher.org/sites/default/files/pdfs/spibs/spib_MASS.pdf
[4] Adolescents and Young Adults. http://www.cdc.gov/std/life-stages-populations/adolescents-youngadults.htm
[5] HIV Among Youth. http://www.cdc.gov/hiv/group/age/youth/