



*"To improve the health of our communities by identifying sustainable solutions to community health issues, developing partnerships for implementation of strategies, and demonstrating our success through measurement of outcomes."*

November 4, 2009

Dear Parents/Guardians:

The influenza virus called "H1N1 flu" or "Swine flu" is circulating in the United States. The virus has caused illness ranging from mild to severe, including hospitalizations and deaths in adults and children. The Centers for Disease Control and Prevention (CDC) and Central District Health Department (CDHD) recommends that children and young adults aged 6 months through 24 years be vaccinated against H1N1 influenza virus. Vaccination is the best way to protect your child from this potentially serious disease.

CDHD is working with your child's school to make the H1N1 influenza vaccine available to children at school. **This vaccine is free and is optional.** As supplies allow, we will be administering nasal spray vaccine for all children except for those who have recently received the seasonal influenza nasal spray vaccine or have certain medical conditions such as asthma and diabetes. Section 5 of the enclosed Nasal Spray Vaccine Information Statement lists conditions that exclude children from getting this vaccine. Children who cannot receive the nasal spray vaccine can receive the flu shot. We may not have enough nasal spray vaccine to cover every child who is eligible to receive it. If we run out of nasal spray vaccine, your child will receive the flu shot. If you do not wish for your child to receive a flu shot, please indicate "nasal spray only" on his or her consent form recognizing that if we are out of nasal spray they will not be vaccinated at school.

If you have other children who are not yet school-aged or are home schooled, you may bring them in to your child's school on the scheduled day to receive their H1N1 vaccine. Consent/ screening forms will be made available on-site.

If your child is not available to get the vaccine the day of his or her school clinic, he or she can still get the **free** vaccine from Central District Health Department located at 520 E. 8 N. St. in Mountain Home. Please call 587-4407 to schedule an appointment.

In addition, children under 10 years of age need 2 doses of vaccine spaced at least 4 weeks apart. Depending on the number of children getting the first dose of vaccine in this age group at your child's school, we may conduct an additional school clinic for the second dose.

Enclosed in this packet are the H1N1 Vaccine Information Statements and the Consent Form. **Please keep the Vaccine Information Statements for your records, and complete the Consent Form and return it to the school as soon as possible if you would like your child to be vaccinated.** If your child does not present a consent form at the time of the clinic, he or she will not be vaccinated at the school clinic.

Below is a schedule of vaccination dates for the Mountain Home School District; this schedule is subject to change based on vaccine availability.

Tuesday, November 10

AM - East Elementary

PM - West Elementary

Thursday, November 12

AM - Mtn Home AFB Primary

PM - North Elementary

Tuesday, November 17

Mtn Home Jr High

Thursday, November 19

Hacker Middle School

Tuesday, November 24

Mtn Home Sr High School

Any updates will be posted on our website at [www.cdhd.idaho.gov](http://www.cdhd.idaho.gov). You may obtain additional information about the H1N1 virus and vaccine on our website or you may call our hotline at 321-2222 weekdays between the hours of 8 a.m. and 5 p.m.

Sincerely,



Russell A. Duke, Director  
Central District Health Department

Enclosures