



MAIN OFFICE • 707 N. ARMSTRONG PL. • BOISE, ID 83704-0825 • (208) 375-5211 • FAX 327-8500

"To improve the health of our communities by identifying sustainable solutions to community health issues, developing partnerships for implementation of strategies, and demonstrating our success through measurement of outcomes."

Training Workshops for Childcare Providers August '09 – Dec '09

For: District IV only (Ada, Boise, Elmore, Valley counties)
Location: Central District Health Dept. 707 N. Armstrong Place, Boise
Time: 6:30 – 8:30 p.m. Unless otherwise specified

Non-Refundable Fee: \$15 due upon registration
Registration is required

Credit: 1 hour ISTARS and/or City Licensing per hour of class
www.cdhd.idaho.gov Click on Trainings then Childcare learn more

August 13th Thursday "Food Safety Awareness in the Childcare Setting" 6:30 to 8:30 p.m.

Presenters: Ann Potcher, REHS, and Daleen Nelson, RN PHN Nurse Consultant. The major cause of food contamination is mishandling of food. Let's keep our children and staff safe from food poisoning. The most effective way to prevent food borne illness is hand washing. What else can be done to reduce the risk of food borne illness in the child-care setting? Come to the class to find out.

City Code: B, IdahoSTARS 8

August 19th Wednesday "Immunization Review" 10 a.m. to 12 p.m.

Presenter: Daleen Nelson, RN PHN Nurse Consultant. Increase your understanding about immunization rationale, policies, and exemptions. Learn specifics to save you time when verifying records for the health of children in your care and preparing for immunization inspections. Bring a child's immunization record for review. You will learn how to keep children protected, keep your facility safer and be ready for your immunization inspection.

City code B, IdahoSTARS 8

Sept 9th Wednesday "Are You Ready? Childcare Emergency Preparedness" 6:30 to 8:30 p.m.

Presenter: Daleen Nelson, RN PHN Nurse Consultant. Safety of the children in our care is of the utmost importance and is a serious responsibility of each of us. You will receive assistance in developing strategies for coping with the emergencies and disasters most likely to occur in our area. We will discuss various scenarios such as emergency evacuation for fire and flooding, preparing for a pandemic flu like H1N1, what you need for sheltering in place and more. Communication and coping during and after these scenarios will be reviewed. Follow-up assistance and plans specific to your facility's needs will be available from our Emergency Preparedness Department.

City Code B, IdahoSTARS 8

Serving Valley, Elmore, Boise, and Ada Counties

Ada / Boise County Office

707 N. Armstrong Pl.
Boise, ID 83704
Enviro. Health: 327-7499
Family Planning: 327-7400
Immunizations: 327-7450
Senior Nutrition: 327-7460
WIC: 327-7488
FAX: 327-8500

Elmore County Office

520 E. 8th St. North
Mountain Home, ID 83647
Enviro. Health: 587-9225
Family Health: 587-4407
WIC: 587-4409
FAX: 587-3521

Valley County Office

703 N. 1st St.
McCall, ID 83638
Ph. 634-7194
FAX: 634-2174

Oct 6th Tuesday “Poison Prevention in the Childcare Setting” 6:30 to 8:30 p.m.

Presenters: Susan Simmons, REHS, and Daleen Nelson, RN PHN Nurse Consultant. Poisoning is one of the most common pediatric emergencies, especially among children under five years of age. This workshop will cover why it happens, how to prevent poisonings and what to do in the case of a child swallowing a poison. City Code B, IdahoSTARS 8

Oct 28th Wednesday “Strengthening Families # 5-Strengthening Parenting” 6:30 to 8:30 p.m.

Presenter: Daleen Nelson, RN PHN Nurse Consultant. “Strengthening Families” is a series of 8 classes. The focus is well described by the title. We will look at ways child care providers can become more family-centered. With a foundation of the family-centered approach, bonds among family members, childcare providers, and staff will increase. We anticipate a fun experience in which your facility, children and their families, and you, as childcare providers and individuals will benefit if you implement the tools offered. For this series, it is better to have as many members from one facility attend as possible. Each class builds on information from the previous class so do try to attend all in the series of 8. City Code C IdahoSTARS 4

Nov 4th Wednesday “American Heart Association Heartsaver CPR and Pediatric First Aid” 9 a.m. to 5 p.m.

Presenter: Daleen Nelson, RN PHN Nurse Consultant. Class prerequisite: purchase and review of text. You cannot attend the class without a current text book in hand. This class may take up to 8 hours, depending on the number of participants and their skill level. For textbook purchasing information you may contact either of the following resources or others that supply current AHA (American Heart Association) textbooks:

World Point ECC, Inc.
1 888 322-8350
www.eworldpoint.com

Laerdal Medical Corps
on-line orders only
www.laerdal.com

City Code B, 8 hours credit City and State, IdahoSTARS
8 credits for initial certification only.

Dec 2nd Wednesday “Caring for Children with Special Needs” 6:30 to 8:30 p.m.

Presenter: Daleen Nelson, RN PHN Nurse Consultant. Learn to identify the child with special needs. Inclusion and the rationale for inclusion will be examined. We will discuss the benefits and challenges of caring for children with special needs. City code B, IdahoSTARS 9

Elmore County Office Training Workshops

Location: 520 E 8th Street North Mountain Home, ID 83647 Ph: 587-9225

Oct 17th Saturday “Immunization Review” 10 to 12 p.m.

Presenter: Daleen Nelson, RN PHN Nurse Consultant. Increase your understanding about immunization rationale, policies, and exemptions. Learn specifics to save you time when verifying records for the health of children in your care and preparing for immunization inspections. Bring a child's immunization record for review. You will learn how to keep children protected, keep your facility safer and be ready for your immunization inspection.

City code B, IdahoSTARS 8

Oct 17th Saturday “Are You Ready? Childcare Emergency Preparedness” 1:00 to 3:00 p.m.

Presenter: Daleen Nelson, RN PHN Nurse Consultant. Safety of the children in our care is of the utmost importance and is a serious responsibility of each of us. You will receive assistance in developing strategies for coping with the emergencies and disasters most likely to occur in our area. We will discuss various scenarios such as emergency evacuation for fire and flooding, preparing for a pandemic flu like H1N1, what you need for sheltering in place and more.

Communication and coping during and after these scenarios will be reviewed. Follow-up assistance and plans specific to your facility's needs will be available from our Emergency Preparedness Department.

City Code B, IdahoSTARS 8