

(09/11/17) Reg 4 Youth BHB

Monday September 11, 2017

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Subject	Reg 4 Youth BHB
Date and Location	Monday September 11, 2017 Westgate room 131
Attendees	Amy Jeppesen, Mechelle Wilson, Daren Bushee, Autumn Brechawald, Ginny Global, Cristy Sofaly, Mary Ball
Message	

[Link to Outlook item](#)

Notes

Welcome new members

Respite Care - Mechelle talked about the Respite Care and that there are two agencies in Region 4 currently providing this service About balance, Central Idaho Counseling in McCall. Central Idaho Counseling is doing some innovative things such as field trips, teaching chess and working at engaging clients while there. Discussion of when respite moves to Optum. No date has been set as of this time. Steve reported that Foundation still has some respite going on.

Grants-

Blue Cross Grant- Last training was successful. Two people that attended the train the trainer asked if they could do the training due to their excitement about YMHFA. There was a good representation from the teachers and they seemed to enjoy it despite having a training the day before they had to sit through. The Speedy foundation observed and helped with the training.

Train the trainer went well as well and people seemed to be excited to be able to provide this training in their area. Last steps are gathering data from the Speedy foundation and getting it to Central district health to be sent to Blue Cross. Christy will reach out to Sharon and get the data.

St Luke's Grant- The grant committee met and completed the application as well as received permission to apply for the grant. Some feedback for Central District Health is that requiring 8 weeks prior to submission is not possible with these small community grants. They typically come out with a 2-6 week lag time. The paperwork that has to filled out to apply for the grant from the board is just as or more complicated than the grant application we are wondering if the process can be simplified. The grant application was all sent to Central district health and is due on Sept 15th 2017. Amy and Christy will follow up to see where they are in the process.

We applied for the grant to put on 6 Youth Mental Health First Aide using the trainers who trained in the blue cross grant.

Idaho Liquor Division Grant- After much discussion it was decided that Phoenix Multi-Sport would apply for this Grant with the support of the Youth Behavioral Health Committee. Amy will send a generic letter of support to Ginny to send out to supports for them. Discussion was had applying based on the need adolescents have for safe and sober sports in the community or adventure opportunities. Ginny and her team will write the grant and apply. Suggestions were given of who to approach in the community to support such as rural areas like Kuna and Mountain Home.

Goals- The goals that the committee submitted were approved by the Regional Behavioral Health Board and added to the GAPS and NEEDS plan. Mechelle will send out a copy once it is finalized.

Other Buisness-

September is Recovery Month and the following activities are taking place. September 16th Ignight 208 is hosting a recovery event as well as on September 30th fall into fort will be happening. September 15th is the resource fair for community resources.

The signing of the proclamation on Suicide awareness was moved from today to tomorrow.

The foundation is having their awards banquet today is the last day to nominate people. The awards will be on the 14th of October.

October 23rd from 5-7pm is the grand opening of Phoenix Multi-Sports gym on 511 S Americana Boise ID 83701. The Mayor will be there to cut the ribbon and they are inviting all to attend.

Mary Ball will be doing the CANS as a part of a pilot project for the state. There was discussion about how CANS will roll out and at this point it is unknown. Wrap around services are also a big part of the YES project and Mary will also be doing a pilot project on this working with 4 families. She will report the findings in the meeting and keep us up today.

The Grant committee met and completed an application

Next Meeting October 4th from 10-11am only. We will discuss respite updates and upcoming JJ Council meeting.

November 1st meeting- look closely at what our goals would look like more specifically to apply for grants. Jason will reassemble the grants workgroup.