



Project Happiness™

Help us help Youth, we need you!

The Region 4 Behavioral Health Board was established in July 2014 and tasked with identifying community needs for behavioral health care. They were also asked to assist in finding solutions to help improve our behavioral health community. Region 4 is Valley, Elmore, Boise and Ada counties.

The region's 2016 Gaps and Needs Report identifies the following concerns in our community:

1. Support increased awareness of trauma informed care and suicide prevention
2. Increase services and access for youth not involved in the criminal justice
3. Support increased focus on family engagement and preventative services within the region

The Youth Behavioral Health committee was formed to help address these needs. We have established the following goals for 2016 for our region:

1. Support, develop, and network within the region to increase programing, funding and training focused on family engagement and preventative services.
 - a. Pursue grant funding for new programing and training opportunities within the region.
 - b. Identify possible trainings, collaborate with partners and implement training opportunities in our region, including our rural areas during the next year.
 - c. Advance trauma informed care practices specific to youth, Mental Health First Aid for Youth, suicide prevention, and family engagement.
2. Pursue partnerships and collaboration with stakeholders to increase continuity of services available for youth as step down from higher levels of care:
 - a. Pursue and identify grant funding to increase access to midlevel services.
 - b. Collaborate with stakeholders and community partners to support services.
3. Establish a workgroup focused on grant identification and pursing grants to meet the goals of the committee.

How can you help?

We need you and your ideas to help us enhance children and adolescent behavioral health in our community. If one of these areas has some interest to you, please contact a member of the Youth Behavioral Health Committee or Co-Chair Amy Jeppesen at Amyj@recovery4lifeidaho.com. We look forward to working with you. We have a variety of options to match your interests and availability to our project working groups.



Join us! Open invitation to our meetings:

Our monthly meetings are the first Tuesday of the month from 10 am to noon at the Region 4 offices of Health and Welfare, at 1720 Westgate Drive, in Boise (between Cole and Milwaukee on Fairview) in room 138. Enter the doors that face Fairview (next to PoJos) with A-1 over the entry. Room 138 is to the right of the reception desk.