



Region IV Behavioral Health Board Meeting
January 12, 2017
Room 131, 1720 Westgate Drive, Boise, ID 83704
11:00 AM – 1:00 PM

Presiding Officers: Kim Keys, Co-Chair; Rhea Morrison, Co-Chair

Board Attendees: Jen Burlage; Amanda Leader; Elizabeth Francis; Jim Tibbs; Greg Dickerson; Carlos DeLeon; Russell Salyards; Autumm Brechwald; Monica Forbes; Austin Reed; Kenneth Widdick; Jess Wojcik;

Board Attendees by Phone: Brandi Hissong; Steve Graci; Fred Kesler

Members of the Public: Vanessa Johnson; Bevin Modrak; Aaron Darpli; Crystal Campbell; John Eastman; Chris Christopher; Jaime Aanensen; Stephanie Phillips; Darren Bushee; Elizabeth Congdon; Amy Jeppesen; Julie Nease; Gina Westcott

Members of the Public by Phone: Ladessa Foster

Absent: Winslow Gerrish; Elt Hasbrouck; Kris Hoffman; Jim Meldrum; Christina Smith

Agenda Item	Presenter	Notes
Welcome and Call To Order; Introductions; Consent Agenda; Approval of Minutes	Kim Keys, Co-Chair	Meeting called to order at 11:10am by Kim Keys Board introductions were made. Quorum was met. Jen motioned and Rhea seconded to approve the January consent agenda. Elizabeth presented Commissioner Tibbs with a certificate of appreciation for his time serving the BHB as this is his last meeting. Commissioner Rick Visser will replace his seat.
Executive Committee Report (attached for review); <ul style="list-style-type: none"> • Introduce new School District Board Seat 	Kim Keys, Co-Chair	Gina Pannell of CDHD presented to the EC that she is waiting for notification from St. Luke’s Community Health Improvement Fund for the approval of their grant request. With this grant, there are plans to host an event to discuss collaboration and co-management of patients with behavioral health needs. Gina would like to have the R4BHB in attendance at the event to promote their efforts. Gina will join the next BHB meeting to discuss further developments. The Blue Cross of Idaho Foundation grant has been approved. Amy

		<p>Jeppesen is on today's agenda to present to the Board.</p> <p>R4BHB Exit Survey Results were provided to members to review.</p> <p>Board members were asked to participate in an engagement survey. Alexis will email members with a link to access the survey. Surveys are due by 1-20-17.</p> <p>Binder updates were provided and members were asked to replace the following sections:</p> <ul style="list-style-type: none"> • Appointments with Terms of Office • Member Bios <p>Kim introduced new board member Autumm Brechwald as the School Representative.</p>
<p>Division of Behavioral Health Update</p>	<p>Jennifer Burlage</p>	<p>A communication workgroup has been formed for the YES project to execute the Communication Plan between workgroups, partners, families, stakeholders and the public. Any stakeholder who is interested in participating in the workgroup is to contact Cindy Day at Cindy.Day@dhw.idaho.gov.</p> <p>Access to Recovery is in its final year. Client referrals will not be accepted after March 1, 2017.</p> <p>The 21st Century Cures Act, passed by Congress in December, provides \$500 million for states to fight the opioid epidemic. Idaho is eligible for up to \$2 million per year for 2 years. Idaho's application will focus on funding for treatment, recovery support, and prevention.</p> <p>DBH will no longer provide Recovery Coach Training and those interested are to now contact Recovery Idaho.</p> <p>Peer Support Connections Conferences 2017 will be held in the fall. A statewide steering committee will advise 3 local committee hubs throughout the state who will organize its own conference. Contacts for each hub are:</p> <ul style="list-style-type: none"> ○ Northern Hub - Alyia Rushing, 208-770-9746, alyia.rushing@sequelyouthservices.com ○ Southwest Hub - Heather Hieb, 208-703-8728, hhieb@asmh.org ○ Eastern Hub- Rebecca Perrenound, 208-478-9822, missbecca123@aol.com <p>SOAR steering committees are anticipated to be available in all hubs during the next quarter. For more information, contact Crystal Campbell at crystal.campbell@dhw.idaho.gov.</p>

		<p>The Behavioral Health State Planning Council was selected to participate in a technical assistance opportunity through the SAMHSA Leadership Academy. This is an eight month curriculum involving other state planning councils.</p> <p>The BHPC Children’s Mental Health subcommittee has established a respite Dropbox folder containing information on respite programs in Idaho and throughout the country. CMH subcommittees and BHBs are welcome to access and to add information to the folder. For information, contact Jen Griffis at jengriffis@gmail.com</p> <p>The Office of Drug Policy has an upcoming webinar as follows: “Lobbying/Advocacy-5 Tips to Get your Legislator’s Attention” facilitated by: Van Beechler, Idaho Democratic Party Vice Chair Thursday, January 19th, 4:00-5:00pm</p> <p>To register: https://form.jotform.com/spustejovsky/january-training-registration</p>
<p>Action Needed: Close the Gap</p>	<p>Liz Woodruff, Jannus</p>	<p>Liz presented the Board with current happenings of Close the Gap (CTG) Idaho and the possible effects if the ACA is repealed. Liz’s presentation is attached. CTG is focusing on efforts to encourage the Idaho congressional delegation to have a replacement plan in place for the ACA. Block grants are being considered which can be detrimental to Idaho. There are concerns that some legislative members do not realize that block grants are a replacement and could lead to less funding and not an addition to the current Medicaid structure.</p> <p>Kim asked the Board to decide whether or not to take action to support Close the Gap efforts. Jen moved to have a group of Board members attend meetings with U.S. Congressional Delegates. Greg seconded the motion. No discussion. All in favor.</p> <p>Jen moved and Greg seconded to present a letter to the state legislature in support of a replacement for the ACA. No Discussion. Carlos abstained. All others in favor.</p> <p>Kim moved and Jen seconded to send a group from the Board to attend the Advocacy Day at the State Legislature on January 27th. No discussion. All in favor.</p>

<p>Action Needed: Change bylaws to require an Annual Meeting? Review Conflict of Interest, Code of Conduct, (resign both documents) and Open Meeting Law.</p>	<p>Kim Keys, Rhea Morrison</p>	<p>Kim shared that the EC discussed the need for an annual meeting to review the R4BHB bylaws. Kim moved and Russell seconded to have an annual review meeting. All in favor.</p> <p>Kim asked the Board to review and resign the Conflict of Interest and Code of Conduct forms. Members will be asked to sign these forms annually as their situations may change during the year.</p> <p>Kim reminded the Board that they are governed by the Open Meeting Law which puts regulations on how and when an agenda can be changed and how members cannot conduct private conversations among themselves about board businesses. Another facet of Open Meeting Law is any emailing or texting during a meeting can be asked to be included in the minutes.</p>
<p>Action Needed: Host Social Hour at Berryhill</p>	<p>Kim Keys, Rhea Morrison</p>	<p>In effort to promote Board engagement and strengthen relationships amongst members, the EC would like to schedule a ‘social hour’ directly after the February Board meeting. It was suggested to move the February meeting to 2:00 – 4:00pm. The social hour will likely be held at Berryhill downtown. Further discussion suggested holding the ‘social hour’ in March. Carlos moved and Kim seconded to hold the ‘social hour’ in March and to move the BHB meeting time to 2:00-4:00pm. All in favor. More information to follow.</p>
<p>Exit Survey Review and Board Member Survey</p>	<p>Kim Keys, Rhea Morrison</p>	<p>The Board was provided results of the Exit Survey from previous members and was asked to review them. Board members were asked to take a Member Engagement Survey which can be access at: https://www.surveymonkey.com/r/R4BHBSurvey2017 Surveys are to be completed no later than Friday, January 20th.</p>
<p>IIBHN Report</p>	<p>Dr. Winslow Gerrish</p>	<p>Kim provided the IIBHN report for Dr. Gerrish. There has been a growing interest in the mental health SUDS community as to what Patient Centered Medical Homes look like. IIBHN has been in discussions about mental health documentation in integrated medical settings.</p>
<p>Youth Behavioral Health Committee Report</p>	<p>Amy Jeppesen</p>	<p>Amy announced that the Blue Cross of Idaho Foundation grant has been approved in the amount of \$20,000. The YBH committee’s idea for the grant is to provide mental health first aid trainings in rural communities. School boards in Boise, Valley, and Elmore counties were contacted to find interest in having these trainings provided to teachers. Boise and</p>

		<p>Valley counties will receive training through this grant. Elmore county opted out as they have other training opportunities. The Speedy Foundation will provide trainings for the trainers at less than cost and will also cover transportation expenses. Two people from each school district will receive this training. Optum has offered to provide food & refreshments. A formal press release is forthcoming.</p>
<p>Announcements: Next Meeting; Agenda Items; Wrap-up</p>	<p>All</p>	<p>February 21st is Advocacy Day</p> <p>September 9th is Disability Awareness Day</p> <p>Steve Graci stated that he would like the Board to consider creating another transportation committee as there was in the past. There have been multiple situations where kids are being placed in danger when drivers are not aware of how to deal with patients who have disabilities. There are also concerns with kids being left at assumed addresses with no one available to check-in with, creating a dangerous situation. Kim asked Steve to send a request by email to add this concern to next month's agenda.</p> <p>“Lobbying/Advocacy-5 Tips to Get your Legislator’s Attention” facilitated by: Van Beechler, Idaho Democratic Party Vice Chair Thursday, January 19th, 4:00-5:00pm To register: https://form.jotform.com/spustejovsky/january-training-registration</p> <p>If you know of any available list serves that share important announcements, please notify the EC about that particular list serve.</p> <p>Meeting adjourned at 12:40pm</p>

Next scheduled Board Meeting February 9, 2016 – 11am - 1 pm Room 131 Region 4 Offices, 1720 Westgate Drive