

## Your Behavioral Health Committee January 3, 2017

Meeting was called to order at 10: 09am

In attendance: Beth Bolen, Mechelle Wilson, Bevin Modrak, Christy Sofaly (phone), Jennifer Browning, Julie Nease

Julie announced that the Blue Cross of Idaho grant was awarded for the Mental Health First Aid Training. The document has been signed by CDHD and sent to Blue Cross for their signature. The grant went into effect January 1, 2017. Discussion was held on what the next steps are as trainings will be conducted over the summer months while educators are not in class. Bevin announced that Optum has given a \$2000 budget to provide snacks/refreshments at the trainings. The Committee will establish a workgroup to outline tasks and assign duties. It was suggested that a project manager may be needed. The committee asked Julie to check with Alexis Pickering. Julie will ask Alexis if facilitating this role would fit in her scope of work.

Mechelle mentioned that the Respite workgroup has had difficulties with getting people together due to the holidays. In an effort to generate some new ideas, Carol Dixon and Mechelle are going to meet with Greg Sampson, a professor at BSU who has been historically involved in respite care in other states; with Youth Move members to generate ideas of what the youth need in a respite care model; and with the Boys and Girls Club, to see if they would entertain a pilot program in one of their centers. In the meantime, the respite workgroup continues to look for participants who are interested in respite care, and creating a model that would be unique to the needs of Idaho and to Region 4 youth and families.

A grant workgroup will be scheduled in the next couple weeks in order to define the steps needed to implement the First Aid Trainings.

Adjourned at 11:20