

**Region IV Behavioral Health Board Meeting**  
**August 11<sup>th</sup>, 2016**  
**Room 131, 1720 Westgate Drive, Boise, ID 83704**  
**11:00 AM – 1:00 PM**

**Presiding Officer:** Rhea Morrison, Co-Chair, Kim Keys, Co-Chair

**Board Attendees:** Jennifer Burlage, Treasurer; Carlos De Leon; Greg Dickerson; Monica Forbes; Winslow Garrish; Steve Graci; Elt Hasbrouck; Brandi Hissong; Fred Kesler; Amy Korb, Vice Chair; Amanda Leader, Jim Meldrum; Austin Reed; Shelley Retter; Kenneth Widick; Alexis Pickering, Staff

**Board Attendees by Phone:** Elizabeth Francis, Secretary; Jess Wojcik

**Members of the Public:** Don Hayes, Peer Wellness Center; Aaron Dana, Optum; Jaime Aanensen, CDHD; Rob Howarth, CDHD; Penelope Hansen, BPD; Don Clough, ACSO; Jason Woodcook, ACSO; Doree Kovis-Tonks, Pacific Source; Mechelle Wilson, DHW/CMH; Crystal Campbell, PBH; Rob Christensen, IYTP;DBH/IDHW; Vanessa Johnson, ABHS/IDHW; Pat Martelle, DBH; Ellie Merrick, DHW-Mobile Crisis; Garrett Youdh, ABHS; Teresa Shackelford, R4DBH; Teri Carrigan, ID RADAR; Klaus Hermann, DBH; Lori Farrens (via phone), Gina Pannell, CDHD (via phone)

**Absent:** Russell Salyards; Christina Smith; Jim Tibbs

| Time        | Agenda Item  | Presenter                           | Notes  |
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| 11:00-11:10 | Welcome and Call To Order;<br><br>Introductions;<br><br>Consent Agenda;<br><br>Approval of Minutes                                 | Kim Keys & Rhea Morrison, Co-Chairs | Rhea Morrison, Co-Chair called meeting to order at 11:01 am.<br><br>There is a full agenda today. Welcomed new board members. July was the beginning of new terms.<br><br>Quorum was present.<br><br>Introductions were made.<br><br>Carlos DeLeon motioned and was seconded by Austin Reed for consent agenda.<br><br>Reviewed June minutes. Ken Widick motioned and was seconded by Jennifer Burlage for June minutes approval.    |
| 11:10-11:15 | Executive Committee Report (attached for review); <ul style="list-style-type: none"> <li>• FACES of Recovery Nomination</li> </ul> | Kim Keys & Rhea Morrison, Co-Chairs | State of Idaho FACES of Recovery is seeking nominations from each region for an advocate from recovery for this award. Nominees are to be recognized for work in recovery in the community. Nominations will go to the State and one Idaho champion will be selected. Awardee will be recognized at the 2016 Recovery Awareness presentation on September 8, 2016 at the Capitol. EC is nominating Monica Forbes. More info to come. |

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|             |  |                        | <p>Vice Chair, Amy Korb is resigning from the Board. With her departure, the gaps and needs analysis will need help as she was a key role in the data gathering. Nominations for VC? Think of nominations and we will revisit next month. The link for the application will be on the website soon.</p> <p>Rhea announced that Shelly Retter was recognized from the Idaho Association for the Service Award.</p>  |
| 11:15-11:30 | Respite Work Group Update/Discussion               | Mechelle Wilson, IDHW  | <p>The work group has met once. The purpose of the workgroup is to present one to two programs to the Board by October, 2016. Due to the deadline, Mechelle Wilson has revisited the meeting schedule and will meet more frequently in the near future. Part of the problem has been getting a definitive number of what they will be working with. Speculation for a budget is around \$180,000 with an expectation of 15% for administrative costs. Several people from IDHW - Central Office are assisting the group and will develop a scope of work, budget, and other parameters. Elt Hasbrouck asked about involving the Community Action Program in Valley County. Jennifer Burlage addressed Elt's question stating that there are seven districts in the state and have involved local contacts. IDHW-Central Office recognizes the importance of involving the Community Action Program in places like Valley County. Elt stated that Valley County has a hard time filling positions in that program and could assist in respite. Rural access is an important piece for successful respite care.</p> <p>Jennifer and Mechelle are tasked with maintaining the Respite budget; IDHW is still providing respite through traditional models with the IFF. The Region 4 BHB is considering managing Respite either through current vendors such as Optum or IFF or taking a RFP. Elt asked if we want it to be a statewide system or customize it to our region. Jennifer responded by stating that IDHW is looking into both options, but not enough information at this time.</p> |
| 11:30-11:35 | Review of Robert's Rules of Order/Open Meeting Law | Alexis Pickering, CDHD | <p>Rhea introduced Alexis and stated with all the new members, the EC felt it would be a good review of Robert's Rules and the Open Meeting Law for the Board. Three handouts were provided in the Board packets.</p> <p>Alexis reviewed the processes involved with Robert's Rules; how to address the chair, how to conduct a motion (different</p>  |

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|             |   |   | <p>types of motions), steps of a motion, how to amend an agenda, executive session, ethics/etiquette, open meeting law, and cell phone use. Reminder – you need majority (of quorum) for a motion to pass.</p> <p>Elt added that when amending the agenda, it has to be amended on all original postings. There is also a personal fine associated with Open Meeting Law up to \$500.00.</p> <p>Greg asked about a substitute motion and wondered how you do that particular motion. There is no such thing as a substitute motion. Elt stated they have to remove the first motion before they can make a second motion without completing the first motion.</p>   |
| 11:35-11:45 | Wellness & Recovery Update                                    | Ken Williams & Vanessa Johnson, Wellness & Recovery Committee | <p>Ken – divert from normal report. As an overview they help individuals in making connections to transition into the community. Ken proceeded to describe a scenario of a prisoner who was released and circumstances leading to his unfortunate death in another state a few days after prison release.</p> <p>Their next meeting is scheduled for September 1, 2016 from 12:00 pm – 2:00 pm. The work group meetings are the first Thursday of the month here at Westgate in the adult mental health side. They invite you to come and participate and assist with this work group.</p>  |
| 11:45-12:05 | New Officer Introductions<br>Mental Health Program Discussion | Carlos DeLeon, Ada County Sheriff                             | <p>It was requested from the June Board meeting that Carlos introduce the new officers for the ACSO and provide a report to the Board on the program. Carlos provided a brief update.</p> <p>Carlos introduced Officers Don Clough and Jason Woodcook, and Penelope Hansen with Boise Police Department (BPD). Officers Clough and Woodcook to introduced themselves and provided lessons learned from their San Antonio training. This unit is targeting individuals in mental health crisis. Don shared that his take away was that by taking the time to talk to these individuals more in depth and trying to refrain from physically arresting them which causes more trauma, that they were able to change their future in a positive manner. Jason believes in the mission of the crisis center. They are still patrol deputies, but in this pilot program they are allowed to take more time with people.</p> |

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|             |                      |                           | <p>Carlos recognized several members in the room for their assistance in getting this program started.</p> <p>Brandi Hissong asked if the County was looking at expanding into the more rural areas. Carlos responded stating they are looking at potentially expanding to several areas and hope to be able to reach the more rural areas also. Penelope also stated that CIT (Crisis Intervention Team) is a coordinated plan of care and not just a specialized training and have held trainings all over southern Idaho. Developing relationships and partnerships within the community are key to making this program work. BPD is working on standardizing all the officers in this process also. Jennifer reiterated the work that IDHW has done throughout the state via this networking for the CIT training.</p> <p>Steve asked about what ages are being served. Carlos responded that it was all ages.</p> <p>Accommodation registry. Jennifer stated that the intent is to make the accommodation registry available to youth also.</p> |
| 12:05-12:20 | PEER Wellness Center | Don Hayes & Monica Forbes | <p>Power Point presentation. See attached handout. Monica introduced Don Hayes. He has been there for one year in working as their Volunteer Manager.</p> <p>Monica provided an update on the PEER Wellness Center and the services they currently provide to the community. They have grown and have moved to a bigger building.</p> <p>12:18 Lori Farrens joined the meeting via conference call.</p> <p>Monica referenced a handout of invitation to their grand re-opening on August 19, 2016 from 3:00 pm – 5:00 pm.</p> <p>Monica thanked the BHB for their contribution from last year. They were able to purchase bus passes and were able to reduce a transportation barrier for a number of patrons.</p> <p>The PEER Wellness Center is asking the BHB for assistance with grant writing if they are able to find grants to help support their program.</p> <p>The PEER Wellness Center did submit a request for \$500 from</p>  |

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|             |   |   | BHB for T-shirts for the Recovery Rally. The EC approved this request.  |
| 12:20-12:45 | Children’s Mental Health System Redesign  | Pat Martelle, Div. of Behavioral Health | <p>Reference handout provided. Pat Martelle discussed the YES: Children’s Mental Health Reform Project program. She provided the Board with background on how this came about. This stems from the Jeff D. Class Action Lawsuit from 1980. This program came out of the settlement agreement. The State has agreed to develop a program for children with mental health issues.</p> <p>The State has developed an implementation plan. They have four years to stand up a process for children to be connected to services for mental health issues. They must also maintain the care for three years.</p> <p>Pat referenced key dates slide and her contact information. If you have an interest or have questions, please contact Pat. They will post the project plan when completed in September along with updates.</p> <p>Elt asked about home schooled students and how they would receive services. Pat was not able to address at this time. Pat took notes to research and will respond to the question.</p> <p>In response to common questions Pat has received on Medicaid and this program, the program does not have the authority to make changes to Medicaid eligibility. Medicaid is working on a waiver for children with mental health issues. Individuals with private insurance will also have access to this program.</p> |
| 12:45-1:00  | <p>Announcements:</p> <ul style="list-style-type: none"> <li>• PEER Wellness Center Grand Re-Opening</li> <li>• 2016 Statewide Recovery Awareness Display</li> </ul> <p>Next Meeting;<br/>Agenda Items;<br/>Wrap-up</p> | All                                     | <p>Rhea mentioned announcements.</p> <p>Carlos motioned to adjourn. Kim Keys seconded. None opposed. Meeting adjourned at 11:59 am.</p>   |

Next scheduled Board Meeting September 8<sup>th</sup>, 2016 – 11am to 1 pm Room 131 Region 4 Offices, 1720 Westgate Drive