



Region IV Behavioral Health Board Meeting
June 8, 2017
Room 131, 1720 Westgate Drive, Boise, ID 83704
11:00 AM – 1:00 PM

Presiding Officers: Jen Burlage, Acting Chair

Board Attendees: Brandi Hisson, Vice Chair; Kris Hoffman; Ken Widick; Christina Smith; Sanda Kuzeta-Cerimagic; Steve Graci; Autumm Brechwald; Winslow Gerrish; Greg Dickerson; Monica Forbes

Board Attendees by Phone: Amanda Leader; Fred Kesler, Carlos DeLeon

Members of the Public: Crystal Lish; Chille Wilson; Kim Hinrichs; Teri Carrigan; Bevin Modrak; Brandt Gibson; LaDessa Foster; Rebecca Sheldon

Members of the Public by Phone: Crystal Campbell

Absent: Rick Visser; Kim Keys, Co-Chair; Russell Salyards; Rhea Morrison, Co-Chair; Elizabeth Francis, Secretary; Austin Reed

Agenda Item	Presenter	Notes
Welcome and Call To Order; Introductions and Review of Mission and Vision; Consent Agenda; Approval of Minutes	Jen Burlage, Treasurer	Meeting called to order at 11:05 A.M. by Jen Burlage Jen reviewed the R4BHB mission statement and values. Quorum was met Christina Smith moved and Autumm Brechwald seconded to approve the June consent agenda; all in favor. Greg Dickerson moved and Brandi Hisson seconded to approve the May meeting minutes; all in favor. Board introductions were made.
Executive Committee Report (attached for review);	Jen Burlage, Treasurer	Jen stated that no actions were taken during the Executive Committee meeting and asked the Board to refer to the EC minutes in their Board folders.
Call for Positions: <ul style="list-style-type: none"> Executive Committee Nominations Mental Health Consumer Hospital Representative 	Jen Burlage, Treasurer	Executive Committee positions will be elected during the July meeting for the FY2018 term. Jen asked for the Board to consider over the next month who they would like to nominate. There are two open Board positions; Mental Health Consumer and Hospital Representation. Julie will email this information and an application to the Board to assist with recruiting efforts. Applications are due June 30 th .
Division of Behavioral Health Update	Jen Burlage, DBH	The Division of Behavioral Health (DBH) is starting the process for proposed changes to the Idaho Administrative Procedure Act (IDAPA) rule or Statute for

		<p>the 2018 Legislative session. Suggestions for changes can be submitted to Treena Clark at Treena.Clark@dhw.idaho.gov.</p> <p>Idaho’s Response to the Opiate Crisis (IROC) is working to roll out medication assisted treatment services for individuals suffering from opiate use disorders. It is anticipated that this service will be available for qualifying Idahoans sometime this summer.</p> <p>DBH will be issuing a subgrant opportunity announcement in early June. DBH will be seeking to contract for community-based recovery coach and other peer services for the SUDS population.</p> <p>DBH has shifted its focus from training of peers to certification of peers and will not be reissuing Request for Proposals (RFPs) for peer system trainings.</p> <p>An RFP for Behavioral Health Certification of Peer Support Specialists and Family Support Partners is targeted for release in late June. Concerns were expressed on how to re-integrate survivors back into their families as family support is not specifically afforded. Crystal Campbell, DBH, defined that families will be part of the treatment process for adolescents. Family support is part of the recovery process, however if an adult does not wish for their family to be included that individual has the legal right to deny this service.</p> <p>The 2017 Fee Determination brochure is now available on the Department’s Website.</p> <p>In September, DBH will be presenting the 2nd Annual Recovery Month Awards. More information will be coming in the next several months regarding the date of the event, but it is time to start looking for nominees. Recipients must be an Idaho resident and a person currently in recovery. Each BHB will be asked to nominate two people to be considered for the following awards: Idaho Champion of Recovery, Regional Advocate for Recovery, and Honorable Mention. The nomination form will be available by the end of June on the Behavioral Health Events website. Please contact Crystal Campbell at crystal.campbell@dhw.idaho.gov if you have any questions.</p>
Marketing Committee	Christina Smith	<p>Christina reported that the first Marketing Committee meeting was attended by Carlos DeLeon, Monica Forbes, Bevin Modrak, and Teri Carrigan. The committee generated a number of marketing ideas on how to promote the Region 4 Behavioral Health Board which resulted in the creation of a three-step approach. Step 1: Develop an elevator speech for the Board as a whole and also for each member to develop their own individual speech that addresses the sector that they represent.</p>

		<p>Step 2: Define which groups should be marketed to along with which events and forums would provide the best opportunities to promote the activities of the Board. Discussion was held on the possibility of hosting a conference where CEU's could be offered or perhaps a networking event. It was suggested to model the marketing and networking efforts from The United Way of Treasure Valley Behavioral Health Roundtable. The Gaps & Needs report can help identify where the committee should focus their efforts.</p> <p>Step 3: Create marketing materials and defining what that looks like. Content for brochures were discussed which will include the activities and accomplishments of the Board. An insert could be added that outlines current efforts of the Board and subcommittees. In addition to the general brochure, create a separate brochure that specifically promotes the subcommittees along with how the public can join a committee. The committee will identify ways and means to communicate with public with messaging that the Board is advocate for them. .</p> <p>It was suggested to allocate funds in the budget to cover marketing expenses for purchasing brochures and items to set up a display at various events (tablecloth with logo, display board, etc.)</p> <p>Julie will have a link added to the R4BHB webpage allowing individuals to sign up for the public email distribution list. A webpage link to provide updated information of Board activities was suggested.</p> <p>Sanda Kuzeta-Cerimagic recommended that the Board create quarterly newsletters. These quarterly newsletters could be created and made available on the webpage and sent out via email to the public distribution list. A general newsletter format could be set up where information can be easily entered and content can be developed by Board members. The Board and committees can then send completed content for Alexis and Julie to finalize the newsletters and keep current on the webpage.</p> <p>The next Marketing Committee meeting will be held on June 9, 2017 at the Peer Wellness Center from 10:00-11:30 A.M.</p>
Strategic Planning Meeting	Alexis Pickering, CDHD	<p>As a follow-up to her presentation on the Mental Health Strategy meeting in Minneapolis at last month's Board meeting, Alexis suggested the development of a policy agenda specific to the R4BHB. Discussion was held on what the policy agenda would look like and how the Board can best support mental health efforts. It was suggested that working in collaboration with other regional BHB's could help fund new training opportunities along with maintaining the mental health first aid trainings already in development. Strategic planning should be an ongoing focus where some goals will be long-term efforts where others will be short-term. Alexis will contact Gary Raney to see if he would be interested in hosting a strategic planning session for the Board. The four hour training could be held in August or September. Gary led the efforts to create the Board's mission, vision and values several years ago and recently worked with the Crisis Intervention Team trainings. More information will be provided to the Board once the details</p>

		<p>are determined.</p> <p>The Public Health Law Network published a report advocating for a public health approach to preventing mental illness and supporting mental wellbeing. Copies of the publication as made available at the meeting.</p>
Recovery & Wellness Update	Monica Forbes	<p>The Recovery & Wellness committee last met on April 12th and had representation from various community organizations, including Terry Reilly Health Services. This was the first meeting since the re-organization of the committee and efforts were made to refocus the direction of the committee. Monica would like some direction from the Board to focus the efforts of the committee as a number of ideas were suggested at their meeting. The Board asked Monica to create a list of possibilities to give to Julie, who will in turn send out to the Board to identify the most important needs. Monica would like to recruit more people to the committee. Julie will see what can be placed on the website to recruitment new members. The next meeting will be at the end of June. Once the date is determined, the Board and public will be notified.</p>
<p>Announcements:</p> <p>Board Social Hour: Oct. 12th – County Line Brewing</p> <p>Next Meeting; Agenda Items; Wrap-up</p>	All	<p>Steve Graci informed the Board of the current activities of the mental health first aid trainings. Steve also reported on the activities that occurred during the Children’s Mental Health month in May.</p> <p>Autumm Brechwald announced that the Western States Conference on Suicide will be June 23 & 24. Julie previously sent out info out on this conference. Autumm also gave a reminder that the train-the-trainer training in Boise will be held June 26-30 and still has space available. This training is \$1500. The Youth Behavioral Health Committee will be sending 7 people to this training that will be paid for under the Blue Cross grant.</p> <p>The United Way of Treasure Valley has completed their gaps and needs report. It was discussed that sharing information would be beneficial to both UWTV and the R4BHB efforts.</p> <p>Monica informed the Board that September is Recovery Month. Meetings are held at the Peer Wellness Center and Monica asked everyone to please get involved. Monica may ask the Board for assistance with promoting the event.</p> <p>Brandi motioned and Carlos seconded to adjourn the meeting. Meeting adjourned 12:30 P.M.</p>