



Region IV Behavioral Health Board Meeting
May 11, 2017
Room 131, 1720 Westgate Drive, Boise, ID 83704
11:00 AM – 1:00 PM

Presiding Officers: Kim Keys, Co-Chair; Rhea Morrison, Co-Chair

Board Attendees: Jen Burlage; Austin Reed; Russell Salyards; Greg Dickerson; Sanda Kuzeta-Cerimagic; Elizabeth Frances; Christina Smith; Autumm Brechwald; Monica Forbes; Winslow Gerrish

Board Attendees by Phone: Steve Graci, Fred Kesler, Carlos DeLeon

Members of the Public: Arianna Atwood; Donivan Atwood; Tonya Atwood; Brandi Bech; Greg Powell; Curtis O’Daniel; Jay Byers; Zehn Curtis; Archie Swensen; Crystal Lish; Bevin Modrak; Jaime Aanensen; Daren Richman; Deb DuVall; Don Hayes; Rebecca Sheldon; Gabriel Hofkins

Members of the Public By Phone: Dawn Ray

Absent: Brandi Hissong; Kris Hoffman; Amanda Leader; Rick Visser; Ken Widick

Agenda Item	Presenter	Notes
Welcome and Call To Order; Introductions and Review of Mission and Vision; Consent Agenda; Approval of Minutes	Kim Keys, Co-Chair; Rhea Morrison, Co-Chair	Meeting was called to order at 11:05 by Kim Keys. Kim reviewed R4BHB mission statement and values. Board introductions were made and quorum was met. Kim welcomed new Board member Sanda Kuzeta-Cerimagic. Rhea Morrison moved and Jen Burlage seconded to approve the May consent agenda; all in favor. Greg Dickerson moved and Winslow Gerrish seconded to approve the April meeting minutes; all in favor.
Executive Committee Report (attached for review); <ul style="list-style-type: none"> • PEER Wellness Update • Generic R4BHB Email 	Kim Keys, Co-Chair	The Nominating Committee has appointed the new members. New applicants who were nominated are: Jennifer Browning – Mental Health Advocate Chris Christopher – Mental Health Service Provider Member who were nominated to retain their existing positions are: Kris Hoffman – Mental Health Advocate Steve Graci – SUDS Advocate Brandi Hissong – SUDS Advocate Elizabeth Francis – Juvenile Justice Representative Autumm Brechwald – Schools Representative The Gaps & Needs Committee was provided a new template from the Department of Behavioral Health. A request was sent to the three committees of the Board and to the public distribution list asking for feedback and supporting

		<p>data that will be used to prepare this year’s report. Committees were reminded to send their feedback by July 1, 2017.</p> <p>Updates on the PEER Wellness Center sustainability plan were discussed and legal clarification of the Ada County statute is being pursued.</p> <p>The Central District Health Department is creating a generic email for the R4BHB that will be available on their website for general inquiries.</p> <p>Efforts to find a new meeting room continue.</p> <p>Alexis shared information on the Mental Health Strategy meeting which she will present on later in the meeting.</p> <p>Jaime updated the Executive Committee on the Prescription Drug Overdose Prevention Program and is on the agenda to share the update with the Board.</p>
2017 Mental Health Awareness Awards	Jen Burlage, DBH	<p>Jen Burlage shared that May is Mental Health Awareness month. The Division of Behavioral Health wants to recognize individuals who have made significant contributions to the mental health arena. The Idaho Conference on Alcohol and Drug Dependency (ICADD) will present the Voice of Idaho award at 1:30 P.M. today. Jen invited members and the audience to attend. Region 4 nominated two individuals, both of which Jen presented awards to. Curtis O’Daniel received an Honorable Mention and Michelle McMillan received the Regional Empowerment Award.</p>
Prescription Drug Overdose Prevention Program	Jaime Aanensen, CDHD	<p>Since December, CDHD has been working on Prescription Drug Overdose Prevention grant that Idaho from the Centers for Disease Control and Prevention (CDC). Jaime informed the Board that CDHD’s efforts have focused on encouraging prescribers to use the prescription drug monitoring program (PMP). A staff member at the Division of Behavioral Health will be hired to oversee Idaho’s Response to the Opioid Crisis (IROC) program and paid for through the Substance Abuse and Mental Health Services Administration (SAMHSA) grant. Two groups were merged (Office of Drug Policy prescription drug work group and the Office of Drug Policy strategic planning group) to implement goals that have been established. Jaime will share an abstract that outlines the IROC efforts. Crystal Campbell of DBH informed that approximately \$1 million will go to outpatient services.</p>
<p>Action Item:</p> <ul style="list-style-type: none"> Letter of Support - AHCA 	Kim Keys, Co-Chair	<p>Liz Woodruff from Close the Gap presented to the Board in December asking the Board for support, advocate for mental health services and how they will be affected by repealing and not replacing the ACA (Affordable Care Act). . In January, the Board sent a letter of support and several Board members met with State legislators and U.S. Delegates to advocate for the current mental health benefits of the ACA and consequences of repealing and not replacing the ACA.</p>

		<p>The American Health Care Act (AHCA) recently passed through the House and will be presented next to the Senate. Kim asked the Board for approval of a letter of concern sent to national delegates. The letter will explain how block grant funding for Medicaid will harm Idaho constituents, etc. The AHCA is a block grant model based on population. If the needs of the population change, the block grant funding does not change to accommodate the needs. It is understood that behavioral health coverages will not be included on the essential benefits. Jen moved submit a letter of concerns and Kim seconded; all in favor</p>
IIBHN Update	Dr. Winslow Gerrish, FMRI	<p>Dr. Gerrish discussed the efforts with State Healthcare Integration Program (SHIP) to integrate mental and medical health services. A great deal of focus has been placed on who oversees the integration of health care methods. Medical clinics are happy to offer behavioral health services, however there have been challenges integrating the two types of services along with the other priorities that clinics already face. Billing and reimbursement for integrated services has generated new hurdles. For instance, if a patient is seen for chronic pain, the primary care provider (PCP) may pull in a behavioral health provider who will treat in conjunction with PCP's care plan. Billing the psychiatric service code during a medical appointment generates problems and confusion with the insurance company. Federally Qualified Health Centers (FQHC) have different billing abilities. Another challenge being faced is that phone calls are not reimbursable and is the next step that will be addressed.</p> <p>The IIBHN wants to know what topics the committee can address for the Board and in what ways they can accomplish these items? Kim Keys stated that integrating the Patient Care Medical Home (PCMH) effort and helping to figure out how to fit that model into PCP clinics. IIBHN can identify a grant opportunity to pursue and request help writing for it, or if the IIBHN wants to focus on a specific issue, the Board can help find grant funding for that idea. The Let's Talk meeting with Dr. Ben Miller addressed this and was a great start for improving communication between behavioral health providers and primary care providers. Jen Burlage asked Dr. Gerrish how the Board can be of more support to the IIBHN committee. Dr. Gerrish stated that being able to plug into Department of Health services for resources would be very helpful.</p>
Mental Health Strategy Meeting; Minneapolis	Alexis Pickering, CDHD	<p>Alexis Pickering presented various topics and issues that were discussed at the Mental Health Strategy meeting that she recently attended in Minneapolis. At the meeting, participants discussed emerging and established behavioral health topics, trainings, and ideas. Participants also discussed what ideas and interventions were on the horizon and disappearing. Alexis shared what topics were discussed in the four categories, the main ideas, and her recommendations. One topic of discussion was the Adverse Childhood Experience Score (ACES) which is a growing approach to identifying and addressing mental and physical illnesses as a result of trauma. Alexis learned during the meeting that other states</p>

		<p>are conducting Mental Health First Aid trainings through schools, police departments, public health departments, and behavioral health entities. Alexis shared her main recommendations which include developing a policy agenda, hosting an Open House with policymakers, a statewide stakeholder event, and others. A few Board members expressed interest in creating training opportunities and there was a discussion about balancing trainings with policy work. Many Board members want to engage with providers and community members to develop stronger relationships and raise awareness of the Board. It was suggested that the R4BHB host a “Meet and Greet” to develop relationships with providers and other stakeholders. These connections could improve awareness of the Board and the needs of the region, advocate for policy change, and increase support for the behavioral health services. The newly established Marketing Committee can play a large role in planning the Meet and Greet since they can identify who the Board needs to reach out to. The Board could create a policy agenda that would include the guiding principles and areas of priority on a policy level. . It could focus on solutions that include state policy, but most likely county-level policy, or institution specific policy. An example of this would be to advocate for a policy that allows rural county first responders a stipend to attend a Mental Health First Aid training. The policy agenda is different from the Gaps & Needs report which is where concerns are first identified. Christina moved and Monica seconded to move forward with hosting a Meet and Greet with stakeholders and policymakers with the Marketing Committee coming up with ideas on how to make that happen. Dr. Gerrish moved to amend the motion and Russell Salyards seconded to support the idea of a meet and greet and to table discussion until the next meeting due to time constraints. All in favor. Christina will introduce the topic to the Marketing Committee which will meet prior to the next board meeting. Bevin Modrak with Optum pointed out that the film “Resilience” addresses ACES. Bevin also mentioned that as a result of the Resilience showings, it is being discovered that there are a lot of providers who do not know about ACES.</p>
<p>Announcements: Next Meeting; Agenda Items; Wrap-up</p>	<p>All</p>	<p>Meeting was adjourned at 1:00 P.M.</p>

Next scheduled Board Meeting: June 8, 2017 – 11:00 AM – 1:00 PM Room 131 Region 4 Offices, 1720 Westgate Drive