



Region IV Behavioral Health Board Meeting Minutes

February 9, 2017 11:00 AM – 1:00 PM
Region 4 Offices Westgate Campus, Room 131
1720 Westgate Drive, Boise, ID 83704

Presiding Officers: Kim Keys, Co-Chair; Rhea Morrison, Co-Chair

Board Attendees: Jen Burlage; Russell Salyards; Kris Hoffman; Ken Widick; Greg Dickerson; Jim Meldrum; Amanda Leader; Elizabeth Francis; Monica Forbes; Fred Kesler; Austin Reed; Christina Smith; Commissioner Rick Visser; Autumm Brechwald

Board Attendees by Phone: Carlos DeLeon; Steve Graci; Brandi Hissong; Jess Wojcik

Members of the Public: Jaime Aanensen; Chuck Christiansen; Kenny Gray; Teri Carrigan; Chrystal Campbell; Kira Burgess; Aaron Darpli; LaDessa Foster; Crystal Lish; Tracie Bolen; Sally Oberlindacher; Victoria Vanderhovel; Vanessa Johnson; Chris Chistopher; Rachel Gillett

Members of the Public by Phone: Deanna Watson

Absent: Winslow Gerrish; Elt Hasbrouck

Agenda Item	Presenter	Notes
Welcome and Call To Order; Introductions; Consent Agenda; Approval of Minutes	Rhea Morrison, Co-Chair	Meeting called to order at 11:00 by Rhea Morrison. Board introductions were made. Quorum was met. Greg moved and Fred seconded to approve the February consent agenda. Jen moved and Greg seconded to approve the January meeting minutes.
Executive Committee Report (attached for review) - State wide call - Budget review (Jen Burlage)	Kim Keys, Co-Chair	Kim reviewed the discussions held at the Executive Committee meeting. The outcome of the meetings with the congressional delegates and state legislators will be shared later in today's meeting. There is a request by Peer Wellness & Recovery for support. However, this may be a conflict of interest according to the bylaws which will be discussed further in today's agenda. The EC would like the Board to consider expanding member representation, which is on today's agenda. Julie will explain Board member terms that expire this year later in today's meeting.
Division of Behavioral Health Update	Jennifer Burlage	The budget was reviewed at the EC meeting. The Board is spending more this year on administrative support and is projecting that more staff time will be needed from CDHD. There is about a \$14,500 carryover from previous years

		<p>that can be used at the Board’s discretion. Funding is contracted between IDHW and CDHD in the amount of \$50,000 per year to run the board and provide administrative support. The Board had the option to administer the contract independently but chose to contract with CDHD. By contracting with CDHD, unspent funding can be carried over to subsequent years where if funding stayed with IDHW, any leftover funds would be returned to the state. The duties performed by Alexis and Julie will be reviewed. Greg suggested that the Board holds an annual strategic planning session to look at sustainability along with preparing for possible changes in legislative support.</p> <p>Jen reviewed the Division of Behavioral Health update. Mental Health Awareness Month will be celebrated in May. The Board had previously nominated Monica Forbes who was awarded for being a Champion of Recovery. It was suggested for the Board to nominate someone annually. Crystal Campbell (IDHW-DBH) stated that they are looking for individuals who live with someone with mental illness. There are three categories for awards this year. The Voice of Idaho award will be awarded at the State Capitol. One person from each region will receive the Regional Empowerment Award and six people will receive the Honorable Mention Award. DBH is asking for artwork to be displayed at the capital during the event. Nominations should be sent to Julie. A website will be created for Mental Health Awareness Month which will give more details on all the events and awards going on. Crystal will let the Board know when the website is up.</p> <p>The Recovery and Wellness Committee will work on contributing to Mental Health Awareness Month. Carlos asked if the CIT (Crisis Intervention Team) can help with the planning. Carlos reports that the CIT officers are being well utilized and Ada County Sheriff’s Department is asking for more. Carlos can have an officer attend the Recovery and Wellness Committee meetings.</p> <p>Kira Burgess (IDHW, Suicide Prevention Program) shared that the Suicide Prevention Program is underway thanks to funding provided by the Mental Health Reform Act that was recently passed through legislation. This allowed for four full time employees. Kira will present at next month’s meeting to discuss the Zero Suicide Initiative.</p>
Discussion on Congressional Delegate/Legislative mtgs.	Greg Dickerson, Kim Keys	Monica, Christina, Kris, Greg, and Kim met with the state offices of Congressional staff: Rep. Simpson, Sen. Risch, Sen. Crapo and state legislators: Sen. Hill and Rep. Wood. The purpose of meeting with the elected officials was to advocate for the constituents of our region and how they would be affected if the ACA were to be repealed and not replaced, the positives of the ACA, and advocate for Medicaid Expansion. There was a lot of representation

<p> </p>		<p>from hospitals and other committees expressing the same concerns. The Board members who led these meetings talked about the impacts of behavioral health care in the community, how the ACA affords coverage and improves access to care, how the ACA impacts chronic health conditions, emergency room visits, etc., and lowers costs. Kris, Monica, Greg, Christina, and Kim also advocated against block grants as there has been talk on the national level of turning Medicaid funding into block grants. This negatively impacts Idaho since we have a higher Medicaid usage rate and are reimbursed by the federal government. Block grants are a static amount of funding that does not expand with need or population. Some delegates were unaware of these issues, so it was a great educational opportunity. The feedback from the state legislators was that Idaho will not expand Medicaid. Currently, national leaders have shifted away from repealing the ACA and focusing more on “repair,” but at this point, nothing is certain. Rhea stated that a follow up letter from the Board sent to state legislators will be finished soon.</p> <p>Melinda Smyser from Sen Risch’s office showed interest in the Peer Wellness & Recovery Center and will be in touch with Monica to take a tour. Sen. Crapo asked for the Board to come up with a plan for replacing the ACA and to submit it to him, which seems to be a difficult request. Rep. Simpson’s delegate would like to have open communications with the Board and would like to be notified when ACA discussions are on the agenda so that she can plan to attend.</p>
<p>ACTION ITEM: Board Expansion – Add LGBTQ Representative Board Expansion – Add Refugee Representative</p>	<p>Kim Keys</p>	<p>On the statewide call, Region 7 shared that they are working on expanding their board to add tribal representation. Kim asked the Board to consider expanding to add LGBTQ representation. Representation for the refugee population was also suggested. Inquiry’s need to be made to see if the Board would need a legislative decision to expand the Board or if this is a change to the bylaws. Greg pointed out that statute states that we have 22 specific positions. Jen has been tasked to find out the process of adding a board seat. Jen stated that nobody has officially added a position but she still needs to talk to Ross Edmunds (Director of the Division of Behavioral Health). Kim moved and Monica seconded to look into the possibility to add additional representation to the Board and move forward with adding LGBTQ and refugee representative seats. Fred and Carlos expressed concerns about having too many demographics. Alexis suggested that the Board looks into adding one minority representative which could represent LGBTQ and/or refugee populations. Kim moved and Christina seconded to amend the previous movement to consider adding a minority representative upon conducting the research to see if expanding the Board can be done. All in favor.</p>

Expiring Board Terms and Call for Applications	Julie Nease	<p>There are eight board position terms that are expiring this year: Valley County Commissioner, Elt Hasbrouck; SUDS Advocate, Kris Hoffman; SUDS Advocate Steve Graci; SUDS Advocate, Brandi Hissong; K-12 Schools Representative, Autumm Brechwald; MH Service Provider, Greg Dickerson; Hospital Representative, Rhea Morrison; Juvenile Justice Representative, Elizabeth Francis. Julie will send a formal notice to these members and they will need to submit new applications if they plan to continue on the Board. These positions will be opened to the public and applications will be accepted for anyone who is qualified for these positions. The timeline for the application and nomination process is:</p> <ul style="list-style-type: none"> • Applications are due by March 31 • Nominating Committee will meet the first week in April • Announce new members at April 13th Board meeting • Announce Executive Committee nominations coming in May at April 13th Board meeting • Executive Committee nomination and elections at May 11th Board meeting
Bylaws	Kim Keys	Kim moved and Fred seconded to table this item to the March meeting. All in favor.
Wellness and Recovery Committee Report	Monica Forbes	<p>Monica informed the Board that she is now chairing the Wellness & Recovery Committee. The bylaws require that one board member is on the committee. The committee is open to anyone interested in joining as they are looking for new members. There are currently four members. More representation is need from the community, providers, consumers, IDHW, hospitals, and possibly law enforcement. Meetings are held once a month to address SUDS recovery and wellness for the region. Over the next year Monica plans to address advocacy, coordinating of services, peer support, and the opioid epidemic. Another mission of the committee is to secure funding for the PEER Wellness & Recovery Center. So far, the center has made some progress and is looking into partnering with Boise's homeless shelters. The center is in financial trouble and may have to close their doors if support is not obtained. Monica plans for her first meeting to focus on sustainability, how to support peer to peer communications, and forming ideas on how to serve community. Julie will send out a Doodle poll to plan this meeting. Monica expressed her gratitude for the letter of support from the Board to Idaho Department of Correction. Region III is having similar issues with their Recovery and Wellness Center and would like to work with Monica and possibly combine forces.</p>
Letter of Support	Ken Widick	Supportive Housing and Innovative Partnerships (SHIP) started in 2001 based off of the Oxford House model of a recovery residence. The model is designed for short term housing for persons in recovery. This causes a conflict with

		<p>obtaining HUD support as they require permanent housing. Obtaining VA support requires transitional housing, which also causes a conflict. In 2007, SHIP partnered with the Department of Affairs for 22 bed facility. Since 2007, no new funding has been received by the Dept. of Affairs. Ken asked the Board for a letter of support to send off at a national level to express that transitional housing is needed. Greg motioned and Fred seconded to send two letters of support to ship and El-Ada Ken abstained. Ken will provide contact info for El-Ada. Ken shared that he has hired a grant writer that has been very helpful and affordable. He will share her info with the Board</p>
<p>Announcements: Next Meeting; Agenda Items; Wrap-up</p>	<p>All</p>	<p>March meeting will be from 2:00-4:00pm to accommodate the Board social hour at Berryhill. This is a no-host event.</p> <p>Steve shared that Disability Day at the Capitol will be held on February 21st at 9:00am. Twenty or more agencies will be there and people will be able to take tours and have their pictures taken with legislators.</p> <p>Monica is looking to meet with providers who do not have recovery coaches and has placed flyers on back table to be shared.</p> <p>Terri Carrigan (audience member) announced a Wellness and Self-Care professional training for counselors at BSU on 3/3/17 and registrations are accepted until 2/22/17. Phoenix Multisport is offering free events for February. Must be substance free for 48 hours in order to attend the Phoenix Multisport event.</p> <p>NAMI is forming Family to Family classes in March in Boise and Meridian. Kim state that the meeting minutes from statewide call will be shared with Board members and she encouraged everyone to look at the bills that are going out on the legislative floor.</p> <p>Meeting adjourned at 12:25pm</p>

Next scheduled Board Meeting March 9, 2017 – 2 pm - 4 pm Room 131 Region 4 Offices, 1720 Westgate Drive