

17.5" WEB

5.125"

7.25"

5.125"

←.5" slit

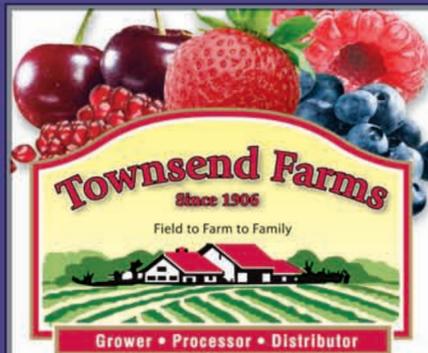
←.5" slit

←.5" slit

←.5" slit

CUT HERE

CUT HERE



Townsend Farms, a six-generation family-owned operation, is located in Oregon's beautiful Columbia Gorge. The fertile, sandy loam soil and temperate Oregon climate yields an abundant harvest of luscious berries – Black Raspberries, Raspberries, Strawberries, Boysenberries, Marion berries Blueberries.

Here we manage our fields to grow plump, tasty berries; then pick and freeze them at the peak of flavor, then we package and truck our berries to your favorite store so you can enjoy fresh tasting berries any time. We also work with berry farmers around the world that have the same values as we do about food safety, to source and pack exceptional berries for your table.

Berries are our business.

Enjoy!

### 100% Guaranteed

If you are not completely satisfied with our berries, please contact us at:  
www.townsendfarms.com  
or 1.503.666.1780

**Storage:** Keep frozen until ready to use. If only part of contents is used, reseal package and promptly return to freezer.

**Do not refreeze after contents have been thawed.**

**To thaw:** Keep reclosable end up when at room temperature for approximately 30 minutes, or thaw in microwave on defrost setting (30% power) for 1 minute. For best flavor and texture, serve berries while still slightly frozen.



# Organic Antioxidant Blend

DARK TART CHERRIES, POMEGRANATE ARILS, STRAWBERRIES, RED RASPBERRIES, BLUEBERRIES

## Townsend Farms

Field to Farm to Family, Since 1906

Individually Quick Frozen

KEEP FROZEN

ENLARGED TO SHOW DETAIL

Net Wt. 48oz (3 lbs) 1.36kg

## Organic Antioxidant Blend smoothie recipe

With only a few ingredients, this nutritious Organic Antioxidant Blend smoothie is fast and easy to make. It just takes 5 minutes to create a deliciously blended smoothie that is bursting with natural berry flavor and goodness. Whip one up for a quick breakfast, or serve as a refreshing compliment to any meal.

**Prep Time:** 5 minutes

**Ingredients:** 2 cups frozen Townsend Farms Organic Antioxidant Blend, 1 banana, 8 oz. container mixed berry yogurt, 1 cup milk, 2 Tbs. sugar, ice cubes.

**Preparation:** Combine ingredients in a blender; fill to the top with ice cubes. Blend until smooth.

Serves 4

**Ingredients:** Organic Dark Tart Cherries, Organic Blueberries, Organic Pomegranate Arils, Organic Red Raspberries and Organic Strawberries. May contain pits.

### Nutrition Facts

Serving Size 1 cup (100g)  
Servings Per Container: About 10

Amount Per Serving

Calories 70 Calories from Fat 0

% Daily Value\*

Total Fat 0g 0%

Saturated Fat 0g 0%

Trans Fat 0g 0%

Cholesterol 0mg 0%

Sodium 0mg 0%

Total Carbohydrate 16g 5%

Dietary Fiber 4g 16%

Sugars 15g

Protein 1g

Vitamin A 0% • Vitamin C 0%

Calcium 0% • Iron 2%

\*Percent Daily Values (DV) are based on a 2,000 calorie diet.



Distributed By:  
Townsend Farms, Inc.  
Fairview, Oregon 97024

Certified Organic by  
Oregon Tilth.



ITEM# 595820



.75"

14.25"

Mag Cyan ProKPM57447PMS877 LineBlk

506056 02/08/13 (WesternConcord)

DISTORTION

MGM GRAPHICS, INC. 2119 SE Columbia Way, 330 • Vancouver, WA 98661  
360-993-5500 • 360-493-1419 fax  
www.mgmgraphics.com

PLEASE CHECK THIS PROOF IMMEDIATELY FOR APPROVAL OR CORRECTIONS AS THE ORDER WILL BE HELD PENDING RETURN OF THIS PROOF. THIS PROOF INDICATES COLOR BREAK ONLY AND MAY NOT ACCURATELY REFLECT ACTUAL PRODUCTION COLORS. MGM GRAPHICS ASSUMES NO RESPONSIBILITY FOR ERRORS MADE ON PROOFS THAT ARE NOT CORRECTED BY CUSTOMERS.

JOB: TF Organic Antioxidant Blend - 3lb  
PRINTER: Western Concord  
DOCKET: 506056  
DATE: 02/08/13 REV: 8 OP: bh



PRINT: Surface PLATE BRAND: DuPont  
GAUGE: .045 CYLINDER: tbd DISTORTION: tbd  
ACROSS: 2 AROUND: 1 DIRECTION: top/bottom  
CMYK LPI: 133 SPOT LPI: 100 EYEMARK: Yes - on Print  
SIZE: 14.25" x 17.5"

APPROVED PROCEED WITH PRODUCTION.  
 APPROVED W/ CHANGES, NO PROOF REQUIRED.  
 REVISE, ADDITIONAL PROOF REQUIRED.

X APPROVED FOR PRODUCTION BY: DATE:



UPC CODE shown here at 100% size